

Winter/Spring  
Courses

2024-2025



THE WILSON CENTRAL SCHOOL DISTRICT

# COMMUNITY EDUCATION COURSE CATALOG



*Learning is a lifelong process...  
enroll today!*



## COMMUNITY EDUCATION AT WILSON CENTRAL SCHOOL DISTRICT

Welcome to the Winter/Spring 2025 Semester at Wilson Central School District Community Education. We are very excited with our new offerings this year. If you are looking to try something new, you are looking in the right place! We hope you find an interest that will last a lifetime.

**Enrollment:** Class registration is on a first-come basis. We welcome anyone 18 years of age or older to enroll in our Community Education Program unless otherwise specified in the course description. The enrollment deadline is three days prior to the start of class. Our program is open to the entire community and we encourage residents of other districts to enroll in our classes.

**By Mail:** Mail your completed form, including payment (check or money order), made payable to: Wilson Central School District. Mail to: Wilson Central School District, Community Education Coordinator, PO Box 648, 374 Lake Street, Wilson, NY 14172. Please be aware there is a \$25 fee for returned checks.

**In Person:** 9 a.m. - 3 p.m. Monday - Friday, when school is in session, at the Wilson Central School District Central Office, 374 Lake Street, Wilson, NY 14172.

**Online:** Registration is available for our classes at <https://www.wilsoncsd.org/community-education>. **We do not allow walk-in registrations at the class locations. Online registration is not available for Scenic Excursion Tours.**

**Refund Policy:** Requests for refunds must be made in person or in writing and received no later than three (3) school business days prior to the start of class. Weekends and days that the school is closed are not considered business days. Make requests to the Wilson Central School District. Mail to: Wilson Central School District, Community Education Coordinator, PO Box 648, 374 Lake Street, Wilson, NY 14172. There will be a \$10 administrative fee withheld on all refunds unless the class is canceled. If the original payment was made by cash or check, a refund check will be processed. Please note that refund checks are issued twice a month by our business office. For payment by credit card, a refund will be issued to your account.

Classes are held based on a minimum enrollment of students registered for a class. **NO REFUNDS** will be issued past the deadlines stated above. Registration fees cannot be refunded after the first class has begun. We regret that no exceptions can be made to this policy due to life events, or personal or business conflicts that would cause you to cancel.

**Cancellations:** If the minimum enrollment is not met for a class to be held, you will be notified by phone or email within three business days of the class start date. You will be refunded for any class cancellations in full. Emergency closings due to inclement weather or otherwise will be announced on local TV stations including WIVB, WKBW, and WGRZ. If the school district is closed, then all evening activities on that day will be canceled.

***There will be no classes held February 17-21 - Mid-Winter Recess.***



**Instructional Staff:** Our instructors are here to share with you a skill, talent, or expertise that they possess. The opinions shared by the instructors are not necessarily the opinions of the Wilson Central School District. Instructors are not required to be certified teachers, although many have certifications in their own fields of expertise.

**School Rules:** You must abide by school rules while on campus. Wilson Central School District is a non-smoking facility. You will be asked to leave the campus, and we may remove you from enrollment for that session.

**Materials Fees:** Please pay material fees in full to the instructor on the first night of the course.

**Photographs:** Wilson Central School District Community Education takes photographs and videos of students for use in communications concerning the activities provided by or sponsored by the Wilson Central School District (e.g. printed publications such as the Community Education Catalog, electronic media such as websites, and other mediums known or hereafter discovered). Your registration in a course shall constitute a signed authorization permitting Wilson Central School District and its sponsored parties to use any picture or video of yourself in such a limited fashion. Please notify our office in writing if you prefer NOT to have any photograph and/or video including you used for this limited purpose. This consent applies to any adult registration.

**Classroom Locations:** **ES**=Elementary School    **MS**=Middle School    **HS**=High School

## WAYS TO REGISTER:

### ONLINE

<https://www.wilsoncsd.org/community-education>

### QR CODE

Scan this QR code to visit the registration page.



### MAIL

Please send registration form, Community Education Program Participant Liability Waiver and Hold Harmless, and check to: Wilson Central School District, Community Education Coordinator, PO Box 648, 374 Lake Street, Wilson, NY 14172

### IN PERSON

Visitors must arrange for access to the building ahead of time, by calling (716) 751-9399

### QUESTIONS?

Please contact Jennifer Pavan, Community Education Coordinator at (716) 751-9399

Wilson Central School District's Community Education Program is currently recruiting instructors for our Fall 2025 Program. If you are interested, please email Jennifer Pavan at [communityeducation@wilsoncsd.org](mailto:communityeducation@wilsoncsd.org) for more information on becoming part of our exciting team!

## ARTS & CRAFTS

### Snowy Mountain Painting

Step into a serene winter wonderland with our snowy mountain scene canvas painting class! Join us for an immersive experience where you'll paint a breathtaking winter landscape on an 11"x14" canvas. Whether you're a seasoned artist or a beginner, this class offers a cozy atmosphere for everyone to embrace the beauty of snowy mountains. Your instructor will guide you through each brushstroke, ensuring everyone creates something truly special. Let the creativity flow as you bring this enchanting winter landscape to life.

**Instructor:** Francesca Smiley **Cost:** \$42  
**Date:** Tuesday, 1/28/25 **Time:** 6:00 - 8:00 PM  
**Location:** MS - Room 140

**Materials are included with the course fee.**

### Bird on a Birch Tree Painting

Embrace the beauty of nature in this bird on a birch tree painting class. This enchanting painting captures the essence of birch trees in the background with a colorful yellow bird on the branch, creating a stunning and serene piece of art. This is the perfect time to create a lovely painting to add to your winter home decor! Great for artists of all levels. No experience is needed! Come bring a friend and join us for a delightful evening of creativity, laughter, and camaraderie as you are led by your instructor in bringing this painting to life. You will walk away with a finished 11"x14" canvas painting.

**Instructor:** Francesca Smiley **Cost:** \$42  
**Date:** Tuesday, 2/25/25 **Time:** 6:00 - 8:00 PM  
**Location:** MS - Room 140

**Materials are included with the course fee.**

### Spring Barn Painting

Spring is in the air, the trees are blooming, and the birds are chirping! Let's celebrate the change in season and learn how to paint this beautiful red barn in the country. It's so fun and easy to paint. Never painted before? No worries, no experience is necessary. This painting is beginner-friendly! Your instructor will lead you step-by-step in creating your work of art. You will leave with a finished 11"x14" canvas masterpiece.

**Instructor:** Francesca Smiley **Cost:** \$42  
**Date:** Tuesday, 3/18/25 **Time:** 6:00 - 8:00 PM  
**Location:** MS - Room 140

**Materials are included with the course fee.**

### Spring Bunny Painting

Hop into spring by joining us for a fun and relaxing evening where you will paint this adorable spring bunny. Indulge your creativity as you are guided by your instructor step-by-step through the process. Whether you're a seasoned artist or just want to dabble in a bit of artistic expression, this event is for you. Bring your friends and family for an unforgettable night filled with laughter and artistic inspiration. You will leave with a gorgeous 11"x14" spring bunny canvas to adorn your walls. Reserve your spot today!

**Instructor:** Francesca Smiley **Cost:** \$42  
**Date:** Tuesday, 4/1/25 **Time:** 6:00 - 8:00 PM  
**Location:** MS - Room 130

**Materials are included with the course fee.**

### Wine Glass Painting

Decorate and transform an ordinary wine glass into an amazing work of art in this wine glass painting class. No prior art experience is required. This fun activity is a wonderful way to unwind and relax with friends or family and unleash your creativity in a new direction. Your instructor will teach you the best tips and tricks to create a simple yet remarkable design that will make your glassware look stunning. By the end of this painting class, you will have two wine glasses that will brighten up your cupboards and make you smile. All you need to bring is your creativity and enthusiasm!

**Instructor:** Francesca Smiley **Cost:** \$37  
**Date:** Tuesday, 2/4/25 or 3/11/25 **Time:** 6:00 - 8:00 PM  
**Location:** MS - Room 140

**Materials are included with the course fee.**

### Wine Bottle with Fairy Lights

Get ready to uncork your creativity and indulge in a delightful evening of painting as you create your own stunning, custom wine bottle. Once your masterpiece is complete, we'll add a magical touch by placing fairy lights inside the bottle to illuminate your artwork and create a warm, glowing display for your home. Don't worry—you don't have to be an expert painter to join this bottle painting class. This project is all about having fun and getting creative. It's not about perfection; it's about creating something unique and beautiful.

Everyone will leave with a project they can be proud of! Use it as an elegant table centerpiece or give it as a gift. Invite your friends for a fun-filled crafting event, make it a date night, or book this class solo.

**Instructor:** Francesca Smiley **Cost:** \$48  
**Date:** Tuesday, 2/11/25 or 3/25/25 **Time:** 6:00 - 8:00 PM  
**Location:** MS - Room 140

**Materials are included with the course fee.**

### Hand Painted Wood Earrings

Get ready to embrace your artistic side when you design these hand-painted wood earrings! This class is perfect for beginners and intermediate painters who want to create these beautiful accessories. You'll learn how to transform wood earrings into masterpieces perfect for the season. Join us for a fun and creative experience, and add these uniquely crafted earrings to your jewelry collection or as a gift for your favorite friend!

**Instructor:** Francesca Smiley **Cost:** \$32  
**Date:** Tuesday, 3/4/25 **Time:** 6:00 - 8:00 PM  
**Location:** MS - Room 140

**Materials are included with the course fee.**

### Cricut Design Space

Did you get a new Cricut Machine and wish you could just take a class all about it? It's time to kick your Cricut fears to the curb and start creating unique crafts without feeling afraid to get started. Join us in this hands-on class where you will explore the possibilities of Cricut crafting, from concept to design, to finished project, step by step. In this class, you will learn the software required to run your Cricut machine, will be introduced to the basic and advanced Cricut functions and menu options, and will create three holiday projects. Imagine having the know-how to impress everyone, even yourself, with what you can create!

**Instructor:** Venus Snyder **Cost:** \$70  
**Date:** Tuesday, 1/28/25-2/25/25 **Time:** 6:00 - 8:00 PM  
**Location:** MS - Room 130

**Materials are included with the course fee. Participants must download Cricut Design Space software on their cell phone, tablet, or laptop, bring their device to class, and be able to log in. The class will not meet on 2/18/25.**



## ARTS & CRAFTS

### Polymer Clay Heart Rose Earrings

In this class, you will make your own statement earrings using polymer clay with your instructor's guidance. You will learn to create vibrant color palettes and mold unique shapes and textures to make jewelry that expresses your colorful style. Discover the entire process of making your own polymer jewelry from start to finish! This pair of earrings will turn heads and get noticed for their originality. This course is suitable for anyone who enjoys creating with their hands, as well as fashion lovers who would like to create their own jewelry. You will leave with a finished pair of earrings to take home.

**Instructor:** Venus Snyder **Cost:** \$42  
**Date:** Wednesday, 2/5/25 **Time:** 5:30 - 8:00 PM  
**Location:** MS - Room 130

**Materials are included with the course fee. Please bring a rolling pin, clay roller, or fondant roller to class.**

### Watercolor Painting: Beginner and Intermediate

Enjoy a relaxing evening as you master the art of watercolor painting and refine your craft in this beginner/intermediate class. Explore different watercolor techniques, color mixing, and value to create stunning visual representations. You will learn about paper, paint choices, hues and values, design, types of brushes, and the many ways water influences your final result. Don't worry if you have never tried watercolor painting before. You will explore your artistic voice, connect with fellow art enthusiasts, and create several unique masterpieces to take home. Discover the magic of manipulating water and paint and be inspired to elevate your watercolor skills to new heights!

**Instructor:** Barbara Wright **Cost:** \$70  
**Date:** Tues. & Thurs., 4/1/25, 4/3/25, 4/8/25 & 4/10/25  
**Time:** 5:30 - 8:00 PM  
**Location:** MS - Room 140

**A materials fee of \$15 per person is due and payable to the instructor on the day of the class (unless bringing your own supplies).**

### Goat Milk Soap Making

Are you interested in learning how to craft your own goat milk soap? Now is your chance! This cold-process goat milk soap-making class is a great entrance into the world of soapmaking. Create skin-loving decadent goat milk soap using farm-fresh goat's milk! If you are looking for a soap that is not harsh and keeps your skin healthy then join us in making your own goat milk soap. Goat milk soap is known for being a gentle cleanser, rich in nutrients with a natural exfoliant. In this hands-on class, you will be educated on the oils and butter used to customize your soap. You will use pure and skin-healthy products and will have a selection of scents and color options to tailor your soap to your personality. You will create 4 bars of handmade goat milk soap that you can enjoy yourself or give as gifts to your friends and family.

**Instructor:** Linda Mrowka **Cost:** \$70  
**Date:** Mon. 2/10/25 & Wed. 2/12/25 **Time:** 5:30 - 8:00 PM  
or  
**Date:** Mon. 4/7/25 & Wed. 4/9/25  
**Location:** MS - Room 140

**Materials are included with the course fee.  
Required supplies to bring to class: Safety Goggles**

### Stained Glass Suncatcher

Immerse yourself in the captivating world of stained glass artistry in this exclusive stained-glass course. Embark on a creative journey as you learn the fundamentals of this ancient craft. Whether you're a novice eager to learn or an experienced artist looking to refine your skills, this class caters to all skill levels. The pieces will be cut out and ground and you will learn to foil and solder them together. By the end of this class, you'll have crafted a stunning stained glass masterpiece, a testament to your newfound abilities and the enduring beauty of this timeless art form.

**Please select from one of the following themes for each week:**

**Instructor:** Linda Leggett **Cost:** \$58  
**Date:** Tuesday, 2/11/25 **Time:** 6:00 - 8:00 PM  
**Location:** MS - Room 31 **Theme:** Gnome with heart, heart flower on stem, snowman, or bear

**Instructor:** Linda Leggett **Cost:** \$58  
**Date:** Tuesday, 3/11/25 **Time:** 6:00 - 8:00 PM  
**Location:** MS - Room 31 **Theme:** Sun, cardinal, or paw print

**Instructor:** Linda Leggett **Cost:** \$58  
**Date:** Tuesday, 4/8/25 **Time:** 6:00 - 8:00 PM  
**Location:** MS - Room 31 **Theme:** Bee, tulip, or plant stakes

**Materials are included with the course fee.**

### Hobbit Door Hanger

Looking to spruce up your front door? Join us for a whimsical, fun, and creative experience. Get ready to unleash your inner hobbit and craft your very own unique, custom-made hobbit door hanger inspired by J.R.R. Tolkien's timeless classic "The Hobbit." Your instructor will take you step-by-step through how to create this one-of-a-kind magical decoration, and you can add your own special touches of course. Bring your friends and family along for an evening filled with laughter and creativity! All materials will be provided, just bring your creativity and enthusiasm. Don't miss out on this enchanting event! You will leave with your masterpiece in your hands at the end of the class!

**Instructor:** Venus Snyder **Cost:** \$55  
**Date:** Wednesday, 3/5/25 **Time:** 5:30 - 8:00 PM  
**Location:** MS - Room 130

**Materials are included with the course fee. Please bring a glue gun, glue sticks, and any faux floral greenery and accents desired to customize your door hangers.**

### Crochet for Beginners

Whether you are an absolute beginner or someone who once learned to crochet and have forgotten how - this class is for you! Crochet is a calming, stress-relieving skill that can be used for a lifetime! In this class, you will discover the fine art of crochet including the different tools and types of material used for different projects. You will learn the basic stitches, how to combine them to make designs, and how to read patterns. You will complete beginner projects using all the basic stitches that will take you from beginner to confident crocheter in no time. Plus, you will bring home creations made in class!

**Instructor:** Venus Snyder **Cost:** \$55  
**Date:** Wednesday, 3/26/25 - 4/9/25 **Time:** 6:00 - 8:00 PM  
**Location:** HS - Cafeteria A

**Materials are included with the course fee. Participants are welcome to bring crochet hooks size 4-6 to class.**



## ARTS & CRAFTS

### Springtime Gnomes

Embrace the spirit of spring with these adorable gnomes! Join us for an evening of crafting and fun as we decorate and personalize two gorgeous spring-themed gnomes inspired by the changing seasons. They are simple and fun to make. This is a beginner-level class, all supplies are included, and you will have many color options and embellishments to choose from. No two gnomes will be the same!

**Instructor:** Kathleen Stromecki

**Cost:** \$32

**Date:** Thursday, 1/30/25

**Time:** 6:00 - 8:00 PM

**Location:** MS - Cafeteria B

**Materials are included with the course fee.**

### Button Art

Join us for this class where you will learn how to transform simple buttons into stunning works of art. Your instructor will guide you and introduce you to different techniques and concepts as you explore the endless possibilities of button art. The type of button art you can create is only limited by the imagination. You will create a vibrant bouquet on linen, paper, or in a shaker. These colorful and texturally diverse creations are fun and stimulating to make! No prior art experience is required. You can bring your own special buttons, or use the ones provided. All for the love of buttons!

**Instructor:** Kathleen Stromecki

**Cost:** \$37

**Date:** Wednesday, 3/12/25

**Time:** 6:00 - 8:00 PM

**Location:** MS - Cafeteria B

**Materials are included with the course fee.**

### Blending Copic Markers & Prismacolor Pencils

Have you always wanted to learn more about coloring & blending techniques for alcohol markers and colored pencils but didn't know where to start? Or do you already own them, but would love to brush up on your skills? Or maybe you've wondered how some colored images appear to literally "pop" off the page, but you have no idea how to get that effect yourself? If you answered yes, to any of these questions - you're in the right place. Join your instructor in this relaxing and fun class where you will learn all the essentials to get you started. You will be provided with an assortment of images that you can use to practice this unique blending between markers and colored pencils. This fun lesson covers real art fundamentals to level up your coloring skills for any project. No experience is necessary, this class is perfect for beginners.

**Instructor:** Kathleen Stromecki

**Cost:** \$37

**Date:** Thursday, 3/13/25

**Time:** 6:00 - 8:00 PM

**Location:** MS - Room 130

**Materials are included with the course fee.**

## BOATER SAFETY

### Required New York State Boater Safety Class

This is an eight-hour boater safety class led by personnel from the U.S. Coast Guard Auxiliary. All motor operators, regardless of age, will need a boating safety certificate beginning January 1, 2025. Anyone operating a personal watercraft (jetski, etc.) must be at least 14 years old and have a boating safety certificate.

**Instructor:** Barbara Godshall

**Cost:** \$37

**Date:** Saturday, 3/8/25

**Time:** 9:00 AM - 4:00 PM

**Location:** HS - Cafeteria A

## COOKING/BAKING

### Scone Making 101

Do you think about sitting in a cozy cafe sipping your favorite beverage with a delectable scone? This class will teach you how to make two scrumptious varieties of bakery-style scones: six traditional cream and six strawberry basil. During the class, you will bake your very own delicious scones, with guidance, tips, and baking tricks from your instructor. You'll learn the secrets to achieving the perfect scone both with a mouth-watering taste and texture - light, flaky, and utterly irresistible. Say goodbye to baking frustrations and hello to these delicious, fluffy treats! As a bonus, you will receive a jar of the Farmer's Wife's Jelly to enjoy with your scones. Join us for this amazing class and your kitchen will soon be filled with the sweet scents of buttery tender scones!

**Instructor:** Melanie Schulz

**Cost:** \$37

**Date:** Monday, 1/27/25

**Time:** 6:30 - 8:00 PM

**Location:** MS - Room 25

**Materials are included with the course fee.**

### Chocolate Lovers Cake Class

Chocolate cake is a classic dessert that is sure to satisfy any sweet tooth. The cake is moist and rich with a deep chocolate flavor, while the icing provides a creamy and sweet contrast. With its irresistible combination of flavors and textures, you will make a chocolate cake dessert that is sure to impress. You will have the option of selecting a chocolate glaze or buttercream frosting for your cake. This cake will make any dessert lover swoon and is perfect for any occasion, whether it's a birthday celebration or simply a sweet treat to enjoy with friends and family. You learn how to box your cake up safely for transporting home.

**Instructor:** Melanie Schulz

**Cost:** \$37

**Date:** Monday, 2/10/25

**Time:** 6:00 - 8:00 PM

**Location:** MS - Room 25

**Materials are included with the course fee.**

### Traditional Pierogi Making

Attention pierogi lovers! Get ready to learn the craft of making these wonderful savory dumplings from scratch. If you have ever wanted to make handmade pierogi at home using fresh ingredients but never felt you had the skills, then this is the class for you. It's so easy and you may never use boxed pierogi again, especially after you have tasted the difference! You'll be provided with all the ingredients needed to make this classic dish. Each participant will leave with a dozen twice-baked potato pierogies to take home and enjoy.

**Instructor:** Melanie Schulz

**Cost:** \$37

**Date:** Saturday, 3/8/25

**Time:** 12:30 - 2:30 PM

**Location:** MS - Room 25

**Materials are included with the course fee.**

### Better than Bakery Cream Puffs

Join us for a hands-on and fun-filled cream puff class where you will learn the art of creating these delicious and visually stunning treats from scratch! No prior experience is needed - whether you're a baking enthusiast or just looking for a unique and enjoyable experience, our skilled instructor will guide you through every step! You will leave with six traditional custard cream puffs with fudge glaze and six blueberry lemon cream puffs to take home and enjoy. Reserve your spot today!

**Instructor:** Melanie Schulz

**Cost:** \$37

**Date:** Monday, 4/7/25

**Time:** 6:00 - 8:00 PM

**Location:** MS - Room 25

**Materials are included with the course fee.**



## COOKING/BAKING

### Sugar & Swirls: Master the Magic of Piping on Cakes

Unleash your inner pastry artist and dive into the delightful world of cake decorating! In this hands-on class, you'll learn how to assemble and decorate a stunning two-layer cake that reflects your personal style. Whether you're a complete beginner or looking to refine your skills, this course is perfect for you! What you'll learn:

- **Cake Assembly Basics:** Discover the secrets to stacking and leveling your cake layers for a flawless finish.
- **Piping Techniques:** Master essential piping skills using a variety of tips to create beautiful designs that are sure to impress.
- **Color & Style:** Choose your favorite colors and design elements to make your cake uniquely yours, blending elegance with creativity.

Leave with your beautiful cake in a professional box, plus a small piping set to continue your cake-decorating journey at home!

**Instructor:** Krista Brown

**Cost:** \$20

**Date:** Tuesday, 2/4/25

**Time:** 5:00 - 8:00 PM

**Location:** MS - Room 25

**A materials fee of \$25 is due to the instructor on the first day of class.**

## DANCING

### Beginner Line Dancing

Get your friends together for eight weeks of Beginner Line Dancing with dance instructors Bill and Mary Morgan. No experience is necessary and no partner is needed. Two left feet...no problem! Ages 18 through 100+ are welcome! You will learn between 6-12 dances in this class. This class is great exercise and loads of fun - no pressure! Relieve stress, gain confidence, socialize, and meet new friends! You'll be amazed at your progression from week to week and feel a sense of accomplishment and satisfaction as to how "cool" line dancing can be!

**Instructor:** Mary and Bill Morgan

**Cost:** \$70

**Date:** Tuesday, 3/11/25-4/29/25

**Time:** 7:00 - 8:00 PM

**Location:** ES - Cafeteria

**Worn-out sneakers or leather shoes are recommended with a sole that will slide. Written dance sheets will be provided. The class will not meet on 4/15/25.**

## DEFENSIVE DRIVING

### Defensive Driving Insurance/Point Reduction Course

This point and insurance reduction program reviews safe driving and accident-avoidance techniques. Upon completion of the class, drivers are eligible for a 10% reduction in their auto insurance and/or up to 4 points removed from their DMV driving record. Drivers may take the course every three years for insurance reduction and every 18 months for point reduction. All drivers listed on an insurance policy are eligible to complete the course. This is a great way to reduce the cost of your auto insurance!

**Instructor:** All-Pro Tutoring

**Cost:** \$47

**Date:** Tues., 3/11/25 & Thurs., 3/13/25

**Time:** 6:00 - 9:00 PM

**Location:** MS - LMC Room 18

## FINANCIAL

### Medicare 101: Understanding Your Options

Medicare is confusing! What are Parts A, B, C & D? When do I have to enroll? What will I pay? What is a Medicare Advantage Plan? What is a Medicare Supplement Plan? What about late enrollment penalties, Extra Help, EPIC, or Medicare Savings Programs? What kind of plans might work best for me? This class will help people understand how the federal Medicare program works and provide a general overview of the variety of Medicare insurance options available to beneficiaries.

Jason Myers is the owner of JBM Health & Wealth Consulting, LLC.

**Instructor:** Jason Myers

**Cost:** Free

**Date:** Tuesday, 3/4/25

**Time:** 6:00 - 7:30 PM

**Location:** MS - LMC Room 18

### Understanding Taxes and Investing

Discover strategies to potentially maximize your investment returns by minimizing tax liabilities in our upcoming course on Tax-Efficient Investing Strategies. In this informative session, we will explore how different investment vehicles—like stocks, bonds, Mutual Funds, ETFs, CDs, savings accounts, and annuities—are taxed, and how these taxes can impact your overall portfolio performance. Learn the differences between short- and long-term capital gains and ordinary income tax, including the benefits and drawbacks of each, to help make informed investment decisions. This course is designed to help you better understand how to keep more of what you earn, whether you're a seasoned investor or just starting out. Join your instructor to gain practical insights into tax-efficient investing for potential long-term growth and stability.

**Instructor:** Corey Malstrom

**Cost:** Free

**Date:** Wednesday, 3/19/25

**Time:** 5:30 - 7:30 PM

**Location:** Online

Advisory services are offered through Capital Analysts or Lincoln Investment, Registered Investment Advisers. Securities are offered through Lincoln Investment, Broker-Dealer, Member FINRA/SIPC. [www.lincolninvestment.com](http://www.lincolninvestment.com), Office: 61 John Muir Drive, Suite 100, Amherst, NY 14228 Phone (716) 553-2538.

There is no assurance that the techniques and strategies discussed are suitable for all investors or will yield positive outcomes. The purchase of certain securities may be required to affect some of the strategies. Investing involves risks including possible loss of principal.

**A Webex link will be provided prior to the course start date.**



## FINANCIAL

### Estate Planning: Planning for Your Future and Legacy

Taught by Candyce Vana Ingwersen, Esq., an Estate Planning attorney, this course will provide you with the basics for proper estate planning. During the class, we will discuss Last Wills and Testaments, Trusts, Health Care Proxies with Living Wills, and Durable General Powers of Attorney. We will also talk about deed transfers and Medicaid planning.

**Instructor: Candy Ingwersen**

**Cost: Free**

**Date: Wednesday, 3/19/25**

**Time: 5:30 - 7:00 PM**

**Location: MS - Cafeteria B**

### Protecting Your Money & Home Against Medicaid & Nursing Home Risk

At the end of this class, you will be able to create a plan to avoid or reduce probate, taxes, Medicaid & nursing home risk, avoid impoverishing your spouse and affecting your children and grandchildren's financial future. The more you understand, the better equipped you will be to make informed decisions. Key protection points of this Medicaid risk avoidance educational class include:

- Learning the effective strategies to protect and secure your retirement, lifestyle, money, and home from Medicaid & nursing home risk.
- Use a Generational Planning System to avoid Medicaid & nursing home risk, probate, and taxes, and keep more money in your estate.
- Mitigating the longevity risk on your money, home, retirement & lifestyle.
- Pre-planning is crucial: properly structuring your money, retirement, and home in advance of a Medicaid & nursing home event.
- Help you ensure that you do not have to spend down all of your resources to qualify for Medicaid.

Class taught by Les Robinson, CLTC and Author of *Protecting your Money from Medicaid and Nursing Home Event*.

**Instructor: Les Robinson**

**Cost: \$10**

**Date: Wednesday, 4/9/25**

**Time: 6:00 - 7:45 PM**

**Location: MS - LMC Room 18**

**Please bring paper and pen to class.**

### Send Your Kids to College Presentation

Did you know that less than 33% of 4-year college students graduate in four years? Mistakes in college planning could cost you thousands of dollars! Please join our team of experts for a free one-hour discussion on the best approach to college planning. Send Your Kids to College is a non-profit organization. There is no cost or obligation to purchase anything. Topics discussed include:

- Choosing the right college major and the best approach in applying to colleges.
- Timeline for ACT and SAT test preparation and why it is important to prepare for these admission tests.
- New digital SAT Test format.
- Strategies to reduce the cost of college, available scholarships, etc.

**Instructor: All-Pro Tutoring**

**Cost: Free**

**Date: Wednesday, 5/21/25**

**Time: 6:00 - 7:00 PM**

**Location: Online**

**A meeting link will be sent to registrants prior to the presentation.**

## FITNESS

### Charles R. Jufer Fitness Center

The Charles R. Jufer Fitness Center is a state-of-the-art fitness facility that offers a variety of exercise equipment and weights to meet all of your fitness needs. Locker rooms with showers are available to members. A CPR/AED certified supervisor is on duty at all times when the fitness center is open to the students and community.

- Membership year begins on July 1 and ends on June 30.
- Proper gym etiquette and attire are required.
- Please sign in every time and change footwear during rainy/snowy days.
- Please clean up after yourself and put weights away.
- Please be respectful of others.
- During community hours, no children under 15.

**Date/Time: Monday - Friday 5:45-7:00 a.m and  
Monday - Thursday 5:00-7:00 p.m.**

**Location: Charles R. Jufer Fitness Center**

**Cost: Please visit website for current cost and registration.**

<https://www.wilsoncsd.org/community-education>

**\* The Fitness Center will be closed at any time when the district is closed due to holidays/weather.**

### Hall Walking

The halls of Wilson Elementary School are open for walking! What better way to exercise than walking! Get out and get active! Whether you enjoy a brisk walk or leisurely stroll, this is the perfect setting. Please wear comfortable clothing and good, comfortable walking shoes or sneakers. You may bring a water bottle, or water fountains are available. This exercise is designed for all ages and levels. Hall walkers must register for each session for security purposes.

**Instructor: None**

**Cost: Free**

**Date: Mon. & Wed., 1/13/25 - 4/30/25**

**Time: 5:30 - 7:30 PM**

**Location: ES - Hallways**

**There will be no hall walking on 1/20/25, 2/17/25, 2/19/25, 4/14/25, 4/16/25, and 4/21/25.**

### ZUMBA®

This class is perfect for everybody and every body! Each Zumba® class is designed to bring people together to sweat it on. We take the "work" out of a workout, by mixing low-intensity and high-intensity moves for an interval-style, calorie-burning dance fitness party. Once the Latin and World rhythms take over, you'll see why Zumba® Fitness classes are often called exercise in disguise. Super effective? Check. Super fun? Check and check. A total workout, combining all elements of fitness – cardio, muscle conditioning, balance and flexibility, boosted energy, and a serious dose of awesome each time you leave class. Get a full-body workout while forgetting you're even exercising by joining the Zumba dance party!

**Instructor: Amanda Vincek**

**Cost: \$115**

**Date: Monday, 1/13/25 - 3/24/25**

**Time: 6:35 - 7:20 PM**

**Location: ES - Cafeteria**

**Please wear clean, dry sneakers, comfortable clothing, and bring a water bottle to class. The class will not meet on 1/20/25 and 2/17/25.**





## FITNESS

### Yoga Barre

Yoga Barre is a fun and functional way to create a balanced body, mind, and spirit. Utilizing principles of yoga, ballet, barre, pilates, strength training, and dance allows for the complete integration of fitness modalities for well-being. Empower your body and mind with this 30-minute yoga barre hybrid workout. This class will leave you feeling deeply invigorated, energized, and grounded.

**Instructor:** Amanda Vincek **Cost:** \$82  
**Date:** Monday, 1/13/25 - 3/24/25 **Time:** 6:00 - 6:30 PM  
**Location:** ES - Cafeteria

**Please bring a yoga mat, water, and light weights to class, and wear comfortable clothing. The class will not meet on 1/20/25 and 2/17/25.**

### Mastering the Fundamentals of the Golf Swing

Golf is a sport that offers relaxation, recreation, and a sense of accomplishment when done right. The key to a great golf game lies in the mastery of the golf swing. This course delves into the art and science of the golf swing, with an emphasis on building a solid foundation for your game. Here's what you can expect:

- Introduction to the Golf Swing: We'll begin by exploring the basic concepts and principles behind the golf swing. Understand the mechanics, terminology, and key components that make up a good swing.
- Grip and Stance: Learn how to grip the club and establish the correct stance. A solid grip and proper alignment are critical for consistency and accuracy.
- Body Posture and Alignment: Discover the importance of body posture and alignment in achieving a consistent, repeatable swing. We'll cover setup and pre-swing routines.
- Swing Plane and Arc: Master the art of the swing plane and the ideal arc for striking the golf ball. Achieving the right plane can significantly impact your shot quality.
- Weight Transfer and Balance: Understand the significance of weight transfer during your swing. Achieving balance between your backswing and downswing is crucial for power and control.
- Putting and Chipping: Learn key components of these basic strokes that will lead to lower scores.
- Drills and Practice: Put theory into practice through hands-on exercises and drills.

**Instructor:** Rich Meyers **Cost:** \$55  
**Date:** Monday, 3/3/25 - 3/17/25 **Time:** 7:00 - 8:00 PM  
**Location:** ES - Gym

**Please bring a 7-iron, a pitching wedge, and a putter to class.**

### Gentle Evening Yoga

This class is for you if you find yourself stressed constantly, haven't taken a deep breath all day, feel constant aches and pains throughout your body, or crave a moment of peace and stillness. We will spend this hour of yoga moving slowly through sequences of poses that will stretch the body and bring awareness to areas that we may ignore daily. Classes will include different pranayamas (breathing practices) or meditations to provide relaxation beyond our physical body. Yogis of all levels are welcome to attend! Modifications can be provided for any pose and we will work together to find the right modification to suit your skill level.

**Instructor:** Jessica Senek **Cost:** \$50  
**Date:** Wednesday, 4/9/24 - 5/14/25 **Time:** 6:30 - 7:30 PM  
**Location:** ES - Cafeteria

**Please bring a yoga mat and water to class and wear comfortable clothing. The class will not meet on 4/16/25.**

## HEALTH & WELLNESS

### Soothe Those Achy Joints

Do you have joints that ache – a knee or hip or back? Whether you have arthritis, bursitis or just creaky joints, this workshop is for you. Joint lubrication exercises are quite simple and easy to do yet produce rather remarkable results by helping to free your joints of pain. We'll also discuss which nutrients are needed to help keep your joints healthy.

**Instructor:** Janice Novak **Cost:** \$27  
**Date:** Monday, 1/27/25 **Time:** 7:00 - 8:30 PM  
**Location:** Online

**Class link and handout will be sent prior to the class date.**

### Heart Health for Women

Heart disease is the number one killer of women. Symptoms are different for women than for men, so many symptoms are ignored or go unrecognized. You have the power to control, prevent, and in some cases, reverse heart disease. We'll discuss signs, symptoms, and risk factors of a heart attack, hormones and your heart, foods that can help prevent and reverse heart disease, helpful nutrients, exercises, and the four numbers you need to know that could save your life.

**Instructor:** Janice Novak **Cost:** \$27  
**Date:** Monday, 2/3/25 **Time:** 7:00 - 8:30 PM  
**Location:** Online

**Class link and handout will be sent prior to the class date.**

### Metabolism Boosters & Busters

In the past, you probably could drop weight by cutting back on calories or exercising a bit more. But then suddenly the scale stops moving, and you just can't seem to lose weight. THE GOOD NEWS - you could lose up to 20 pounds in a year – without eating less. Just by revving up your metabolism, you can burn more calories every day, lose fat, boost energy, and feel stronger and more fit. In this class, you will learn 20 SIMPLE things you can do every day to boost your metabolism.

**Instructor:** Janice Novak **Cost:** \$27  
**Date:** Monday, 2/10/25 **Time:** 7:00 - 8:30 PM  
**Location:** Online

**Class link and handout will be sent prior to the class date.**

### Acupressure Facelift & Skin Savvy

Here's a facelift you can do at home. Acupressure is an ancient Chinese healing method that works with the energy that flows through your body. Stimulating facial acupressure points can help erase years from your face naturally, bring a healthy glow to your skin; increase firming; even decrease headaches, relieve eye strain, soothe nerves, and increase relaxation. Learn how to make your skin healthy from the inside out.

**Instructor:** Janice Novak **Cost:** \$27  
**Date:** Wednesday, 3/19/25 **Time:** 7:00 - 8:30 PM  
**Location:** Online

**Class link and handout will be sent prior to the class date.**



## HEALTH & WELLNESS

### Acupressure to Relieve Migraines, Headaches, Nausea & Vertigo

Acupressure is a healing technique that works with how energy flows through your body. Just as you have blood that flows through vessels, you have energy that flows through pathways called meridians. Acupressure involves pressing or massaging key points on the body to stimulate energy flow which can offer great relief with no side effects. We will focus on the points that relieve and prevent migraines and headaches as well as nausea and vertigo.

**Instructor:** Janice Novak **Cost:** \$27  
**Date:** Monday, 3/31/25 **Time:** 7:00 - 8:30 PM  
**Location:** Online

**Class link and handout will be sent prior to the class date.**

### De-Age Your Brain

Current research shows lifestyle and diet have a big effect on HOW the brain ages. Cognitive function, which covers all aspects of perceiving, thinking, and reasoning, CAN improve. And the very good news is no matter what your age there are things you can begin to do today to improve how quickly and effectively brain cells communicate with each other. We'll discuss which 'superfoods' reduce the damaging effects of toxins and inflammation on the brain and which nutrients are great for memory, attention, processing information, and reducing stress. You'll learn simple, easy strategies to help your brain stay healthy and alert.

**Instructor:** Janice Novak **Cost:** \$27  
**Date:** Tuesday, 4/8/25 **Time:** 7:00 - 8:30 PM  
**Location:** Online

**Class link and handout will be sent prior to the class date.**

### Healthy Living for Your Brain and Body

For centuries, we've known that the health of the brain and the body are connected. But now, science is able to provide insights into how lifestyle choices may help you keep your brain and body healthy as you age. Join us to learn about research in the areas of diet and nutrition, exercise, cognitive activity and social engagement, and use hands-on tools to help you incorporate these recommendations into a plan for healthy aging.

**Instructor:** Alzheimer's Association of WNY  
**Date:** Thursday, 3/13/25 **Cost:** Free  
**Location:** MS - Cafeteria B **Time:** 5:30 - 6:30 PM

### Strong is the New Skinny! Strengthening Exercises to do at Home

Not everyone can be skinny, but EVERYONE can be stronger - even if you don't get to the gym several times per week. Learn how to strengthen your arms, back, shoulders, chest, hips, butt, and thighs using resistance bands while watching your favorite TV show or listening to your favorite radio show. There are many benefits to having stronger muscles - they boost metabolism, maintain and increase bone density, make daily tasks easier, and help you age with quality and grace. These multi-tasking exercises can fit easily into even the busiest of schedules. It is a wonderful thing to be strong, fit, and functional. You'll learn lots of tips and techniques to improve your overall health and wellness.

**Instructor:** Janice Novak **Cost:** \$27  
**Date:** Tuesday, 4/21/25 **Time:** 7:00 - 8:30 PM  
**Location:** Online

**You will need a resistance band for class.  
Class link and handout will be sent prior to the class date.**

### Emotional Release for Inner Peace

Inner peace is impossible to maintain while we still hold on to the very feelings and beliefs that keep us from being peaceful to begin with. Trapped negative emotions like fear, anger, and sorrow can disrupt the flow of vital energy in our bodies and actually sabotage our inner peace. In this single evening course, you will learn simple yet effective techniques for getting in touch with, understanding, accepting, and releasing the emotions that keep us from ourselves. Nobody wants to suffer. Come learn to rest in the peaceful state of loving acceptance that is our true nature.

**Instructor:** Jesse Wicher **Cost:** \$39  
**Date:** Monday, 2/17/25 **Time:** 6:30 - 9:00 PM  
**Location:** Online

**This class will be held via Zoom. Once registration is received, a Zoom link will be emailed to you.**

## CERTIFICATIONS AND TRAINING

### Notary Public Preparation

Looking to enhance your earning potential, expand your employment options, give back to your community, or become a more valuable asset to your current employer? A Notary Public skill set is in high demand across a broad range of industries, including real estate, legal, medical, and banking, to name just a few. Registrants of this course will learn about New York State requirements and will receive step-by-step instructions about the New York Notary Commission process. This course offers the ideal opportunity to gain expertise and acquire the knowledge and tools necessary to pass the New York State Notary exam and practice as a highly effective Notary in New York State. Becoming a Notary Public opens doors to becoming a Notary Signing Agent, In-Person Electronic Notary, or Online Notary. You will receive handouts and hands-on activities to prepare you for the exam.

**Instructor:** Cynthia Coney-Trowman **Cost:** \$42  
**Date:** Wednesday, 4/9/25 **Time:** 6:00 - 9:00 PM  
**Location:** MS - Cafeteria B

**Please bring a pencil and notebook to class.  
A materials fee of \$5 is due to the instructor on the first day of class.**

### Compression Only CPR/AED for Adult, Child & Infant

In this course, you will learn the most updated version of CPR and AED usage. This course is designed to help participants recognize and respond appropriately to cardiac and breathing emergencies and how to give immediate care to a suddenly injured or ill person until more advanced medical personnel arrive and take over. This course combines video, lecture, stories, and hands-on segments into a real-world final scenario. This course results in a digital certificate upon passing the test.

**Instructor:** Christopher Srock **Cost:** \$37  
**Date:** Tuesday, 2/11/25 or 3/11/25 **Time:** 6:30 - 9:30 PM  
**Location:** MS - Cafeteria B

**Please bring a pen to class.**



## NEW - CLASSES FOR CHILDREN

### Spanish for the Elementary Years

#### Students Grades K-5 - After School Program

Get a head start on the language by joining us for an educationally oriented curriculum that is specifically designed for the K-5 student to learn the Spanish language. This unique and exciting program features foundation vocabulary introduced through games, singing, and fun activities. Students are able to compound words and begin forming simple sentences. Early introduction increases the student's ability to absorb rather than translate the language. If you have taken a Spanish Club class previously, new vocabulary is introduced with each session - never a repeat. Class is open to new and returning students! Join the fun! The program is held in the school at dismissal. If you have any questions, contact The Enrichment Company at 1-833-436-7424.

**Instructor:** The Enrichment Company **Cost:** \$95

**Time:** 3:10 - 3:50 p.m.

**Winter Class Dates:** Wednesdays - 2/5, 2/12, 2/26, 3/5, 3/12, & 3/19  
(NO CLASS 2/19)

**Spring Class Dates:** Wednesdays - 4/30, 5/7, 5/14, 5/21, 5/28, & 6/4/25

**Location:** Elementary School Library

**REGISTER ONLINE AT:** [www.TheEnrichmentCompany.com](http://www.TheEnrichmentCompany.com)

### Challenge Island STEAM: Monsters & Myths Island -

#### After School Program - Students between the ages of 7-11

Prepare to enter an enchanted island filled with mythological monsters, legendary creatures, and things that go bump in the night. You and a STEAM Team® of friends will take on engineering challenges from Dracula to Dragons, from Bigfoot to Hydra, from Medusa to Monster Trucks to Egyptian Mummies! A STEAMtastic adventure that only Challenge Island could dream up, Monsters and Myths Island is so spectacular it will give you goosebumps. The program is held in the school at dismissal.

**Instructor:** Challenge Island Niagara Frontier

**Cost:** \$100

**Time:** 3:15 - 4:15 p.m.

**Dates:** Mondays - 1/27, 2/3, 2/10, 2/24, 3/3, 3/10, 3/17, 3/24, 3/31 & 4/7 (NO CLASS 2/17)

**Location:** Elementary School Library

**REGISTER ONLINE AT:**

<https://login.challenge-island.com/eventDetail.php?record=26185>

## LEARNING & LEISURE

### Smartphone Photography

Do you feel jealous and question why your photos don't look as stunning and creative as others as you scroll through social media. During this class, you will develop the digital skills required to harness your creativity and create memorable photos. The advancement of smartphone technology has virtually replaced the point-and-shoot camera. The smartphone has the capability of producing beautiful quality photographs. This course is ideal for Android and iPhone users who want to improve their picture-taking skills. Basic photography and smartphone photography principles will be reviewed as well as hands-on post-processing of some of your favorite pictures with the FREE Snapseed photo editing application. Students are encouraged to download the FREE Snapseed app. prior to class. Make the most out of the camera you always carry! Get outside and dive into the tools and techniques to capture, edit, and produce professional-level photos directly from your smartphone.

**Instructor:** Glenn Dolata **Cost:** \$32

**Date:** Wednesday, 3/26/25

**Time:** 6:00 - 8:00 PM

**Location:** MS - Cafeteria B

Please bring your smartphone to class.

### Are You Ready to Sell Your Home? Selling 101

Are you prepared to embark on the journey of selling your home? This course is designed to assist you in determining your readiness and guiding you through each step of the selling process. From preparing your home to be market-ready to understanding the intricacies of today's real estate market, this course covers it all. We'll address financial considerations, buyer expectations, and provide valuable insights on successfully selling your home on terms that suit you. Whether you're wondering how to get started, seeking clarity on the selling process, or simply contemplating your readiness, we're here to provide answers and support every step of the way. There will be a Q&A session at the end.

**Instructor:** Melinda Wiant

**Cost:** Free

**Date:** Wednesday, 3/19/25

**Time:** 6:00 - 7:30 PM

**Location:** MS - LMC Room 18

**What to bring:** A pen, paper, and your questions about the home selling process.

### So You're Thinking of Buying a Home? Buying 101

Embark on a journey towards homeownership during this Home Buying 101 course designed to equip you with the knowledge and confidence needed to navigate the complex world of real estate. Whether you're a first-time buyer or seeking to streamline your home purchasing process in today's dynamic market, this class offers invaluable guidance every step of the way. There will be a Q&A session at the end with a local mortgage lending expert!

**Instructor:** Melinda Wiant

**Cost:** Free

**Date:** Wednesday, 3/26/25

**Time:** 6:00 - 7:30 PM

**Location:** MS - LMC Room 18

**What to bring:** A pen, paper, and your questions about the home buying process.

### How To Travel Free & Make Money Traveling

We're back to our travels! Everything is getting more expensive, so how do we make our travel free? Learn how to find the deep travel discounts motivating us to see the world. Learn about any COVID issues affecting travel. If you are retired, changing careers, a student, or someone who likes the idea of making additional income to support your travel dream, this class is for you. World traveler Gina Henry shows you how she has traveled for free to 100 countries and all 50 states. Plus learn important tips on travel safety, trip insurance, affordable retirement opportunities & other inspirational life-enhancing strategies. Earn free airline tickets, hotel nights, tours, cruises & more! Gina teaches this online class while she is traveling all over the US & worldwide for free. Registration includes her 100-page digital book "How to Travel Free" (a \$39.95 value). Go to [www.GinaHenry.com](http://www.GinaHenry.com) for more instructor information.

**Instructor:** Gina Henry

**Cost:** \$49

**Date:** Saturday, 2/22/25

**Time:** 12:00 - 3:00 PM

**Location:** Online

**This class will be held via Zoom. Once registration is received, a Zoom link will be emailed to you.**



## LEARNING & LEISURE

### Get Paid to Teach English - Overseas, in the USA, or Online Plus Other Teaching & Administrator Assignments

Learn how Gina has taught her way around the world & paid for vacations and travel to 100 countries. Teaching English can be a high paying career or simply a great way to travel free. English is the world's business & travel language. Being able to speak English helps people get better paying jobs & make life changing choices. If you speak English, you can teach conversational English! You don't have to be certified or speak the local language. However, getting certified can help you make more money & get a job faster and easier. There are now many excellent affordable online certification programs. Plus, make money teaching English online, earn a free vacation, a 2-month paid summer job, or full-time work that earns up to \$90K a year. Learn about the best paying jobs, how to promote your teaching qualifications, the best certification programs (online & in person) and specific hiring organizations. Gina teaches this online class while she is traveling around the worldwide. Tuition includes her 100-page digital book "Get Paid To Teach English" (a \$39.95 value). Go to [www.GinaHenry.com](http://www.GinaHenry.com) for more instructor information.

**Instructor:** Gina Henry

**Cost:** \$49

**Date:** Saturday, 3/8/25

**Time:** 12:00 - 3:00 PM

**Location:** Online

**This class will be held via Zoom. Once registration is received, a Zoom link will be emailed to you.**

### The Secrets of Travel-Hacking: Free Air, Hotels, & Cash Back

You can earn hundreds of thousands of airline frequent flyer miles and hotel reward points without ever stepping foot on a plane or paying for a hotel and then redeem them for high-value trips. Flights and hotels are typically the most expensive part of your vacation budget. Plus earn cash back to pay for other travel expenses. Gina will show you her easy "Beginner Strategy" and then graduate you to more advanced strategies that earn you 1 million+ reward points a year. All the major reward programs will be detailed: airlines, hotels, banks, etc. Also, learn tips for flying business and first class. Gina Henry, founder of Go Global, Inc., has been a professional traveler for over 30 years and earns 15 free airline tickets, dozens of free hotel nights, and hundreds of dollars cash back each year. Registration includes the instructor's 100-page digital book "The Secrets of Traveling Hacking - Free Air, Hotels & Cash Back" (a \$39.95 value). Go to [www.GinaHenry.com](http://www.GinaHenry.com) for more instructor information.

**Instructor:** Gina Henry

**Cost:** \$49

**Date:** Saturday, 3/15/25

**Time:** 12:00 - 3:00 PM

**Location:** Online

**This class will be held via Zoom. Once registration is received, a Zoom link will be emailed to you.**

### Work Remotely & Become a Digital Nomad: How to Create Your Money-Making Travel Lifestyle & Work Anywhere

Working remotely is now the thing. Why not add travel into the mix? Join thousands of individuals who are taking their work with them and hitting the road! You can make your travels sustainable by earning a living as you travel. Professional traveler Gina Henry has been doing this for years and shares her wealth of knowledge. Get the "how to" of living on the road including downsizing, putting your stuff in storage, getting your mail, how to have a "physical address," the RV lifestyle, timeshares, international living, long-term rentals, house sitting, and more. Learn the best ways to set up your remote office and get quality Wi-Fi in your hotel, long-term rental, and out of your car or RV. Plus learn about the many remote jobs available: how to start your own business, companies wanting only remote employees, consulting, affiliate marketing, freelance jobs, digital books, blogging, podcasting, online classes, social media, drop shipping, volunteering & more. Gina Henry founded Go Global, Inc. over 30 years ago and has been location-independent, working remotely for over the past ten years. Registration includes the instructor's 100-page digital book "Work Remotely and Become a Digital Nomad" (a \$39.95 value). Go to [www.GinaHenry.com](http://www.GinaHenry.com) for more instructor information.

**Instructor:** Gina Henry

**Cost:** \$49

**Date:** Saturday, 3/22/25

**Time:** 12:00 - 3:00 PM

**Location:** Online

**This class will be held via Zoom. Once registration is received, a Zoom link will be emailed to you.**

### Mystery Shopping - Get Paid to Shop

Do you like to shop? You can get paid to shop at almost every local store in your area, plus there are many online shopping assignments you can do from home. Mystery shop on vacation all across the USA and in over 70 countries worldwide - FREE hotels, restaurant meals, car rentals, sightseeing tours, etc. Mystery shopping has become the most cost-efficient way for stores & businesses to know their customers and stay in business, especially during these challenging economic times. Learn how to avoid scam companies and work for the best mystery shopping companies that pay the most. Get the names & contact information for the TOP 100 MYSTERY SHOPPING COMPANIES including addresses, websites, and phone numbers to make all these ideas practical. We review actual mystery shopping assignments so you know exactly what to do, including the paperwork. Get paid or keep the items you buy on assignment. A FREE dinner for two at a nice restaurant, a FREE hotel night, a FREE tank of gas, FREE groceries, FREE dry cleaning & more. Learn how to play up your qualifications for the best assignments, how to fit mystery shopping into your daily schedule, and how to earn the most income. Instructor, Gina Henry has been a professional mystery shopper for over twenty years. She teaches in 90 cities nationwide and wrote the book "How To Travel Free". Registration includes the instructor's 100-page digital book "Mystery Shopping - Get Paid to Shop" (a \$39.95 value). Go to [www.GinaHenry.com](http://www.GinaHenry.com) for more instructor information.

**Instructor:** Gina Henry

**Cost:** \$49

**Date:** Saturday, 4/5/25

**Time:** 12:00 - 3:00 PM

**Location:** Online

**This class will be held via Zoom. Once registration is received, a Zoom link will be emailed to you.**



## LEARNING & LEISURE

### Get Paid to be a Tour Guide & Travel Free

Many well-paying professional jobs are now available, both domestically & internationally! We are getting back to our travels and many Americans are motivated to travel all across the USA & worldwide. Before COVID, foreign tourists were finding America to be a great value and this is returning quickly. Many people will not travel unless they book a tour, take a cruise, or travel with a friend who knows the destination. Travel & tourism is the world's fastest-growing industry and relatively recession-proof. If you love to travel, earn income as a tour director. Learn about tour director salaries and work part or full-time leading tours for major companies. Travel free on a tour by becoming an "affiliate" or "tour coordinator," putting together a group of friends to go on a trip and you go free (& possibly earn extra income). Learn how to put together your own tours and market them to friends, family, or the public, starting your own tour business. Learn the qualifications needed to be a tour guide, the "Five Easy Ways To Get A Job In the Tour Industry," how to design excellent tours & negotiate group discounts, and "101 Ways To Promote Your Tour & Make It A Success" in this online class. Instructor, Gina Henry, founder of Go Global, Inc., leads tours worldwide, working with major tour companies as well as operating her own tour business for 30 years. She is an INTERNATIONAL TOUR MANAGEMENT INSTITUTE (ITMI) certified tour director & teaches travel classes nationwide. Registration includes the instructor's 100-page digital book "GET PAID TO BE A TOUR GUIDE & TRAVEL FREE" (a \$39.95 value) which provides names, phone numbers, and websites of all of the contacts you need to put this practical information to use. Go to [www.GinaHenry.com](http://www.GinaHenry.com) for more instructor information.

**Instructor:** Gina Henry

**Cost:** \$49

**Date:** Saturday, 3/29/25

**Time:** 12:00 - 3:00 PM

**Location:** Online

**This class will be held via Zoom. Once registration is received, a Zoom link will be emailed to you.**

## MUSIC

### Instant Piano for Hopelessly Busy People

In just a few hours, you can learn enough secrets of the trade to give you years of musical enjoyment. Learn to play piano the way professionals do using chords. The chord method is LOTS of fun and dramatically easier to learn than reading notes. The fee includes the online book, online recorded follow-up lessons, a recording of the class, and also an optional live periodic question and answer session. Class is held online using Zoom and is partly hands-on instruction and partly lecture demonstration.

**Instructor:** Craig Coffman

**Cost:** \$65

**Date:** Monday, 3/31/25

**Time:** 6:30 - 9:30 PM

**Location:** Online

**Students will need a piano or electronic keyboard and access to an internet-connected device. The class link and handout will be sent prior to the class date.**

### Instant Guitar for Hopelessly Busy People

In just a few hours you can learn enough about playing the guitar to give you years of musical enjoyment, and you won't have to take private lessons to do it. This crash course will teach you some basic chords and get you playing along with your favorite songs right away. The fee includes the online book, online recorded follow-up lessons, a recording of the class, and also an optional live periodic question and answer session. Class is held online using Zoom and is partly hands-on instruction and partly lecture/demonstration.

**Instructor:** Craig Coffman

**Cost:** \$65

**Date:** Tuesday, 4/1/25

**Time:** 6:30 - 9:00 PM

**Location:** Online

**Students will need a guitar (acoustic or electric) and access to an internet-connected device. The class link and handout will be sent prior to the class date.**

### Self-Growth and the Art of Singing

Professional singer, voice teacher, and holistic health practitioner, Jesse Wicher, will share with you the wonderful life lessons he has learned through the study of singing. Through lecture and examples, you will explore with him the profound relationship between the breath, body and voice, and personal growth. Highlights include: "Singing with your own voice," "Getting out of the way," and "Letting go of judgments." This engaging one-evening course is perfect for singers, artists, and anyone wishing to create more freedom and joy in their life—NO SINGING REQUIRED! Come learn what good singing can teach you about good living!

**Instructor:** Jesse Wicher

**Cost:** \$35

**Date:** Monday, 3/31/25

**Time:** 7:00 - 9:00 PM

**Location:** Online

**This class will be held via Zoom. Once registration is received, a Zoom link will be emailed to you.**

### ONLINE Singing Lessons for Everyone

Learning to sing over the Internet is FUN and EASY! Come bring greater enjoyment and satisfaction to your singing by building on the basics of breath support, tonal focus, and musicianship. Whether you are a beginner or an experienced musician, this class will help you get to the next level of your art. Just bring your enthusiasm and a piece of music you love to sing! This course consists of 5 weekly lessons with 30 minutes of private instruction. Scheduling is flexible! Once registered, please email [holisticarts@hotmail.com](mailto:holisticarts@hotmail.com) to schedule your lessons.

**Instructor:** Jesse Wicher

**Cost:** \$125

**Date/Time:** Flexible scheduling - email

[holisticarts@hotmail.com](mailto:holisticarts@hotmail.com) to schedule your lessons.

**Location:** Online via Skype, Zoom and most other live chat platforms.

### TRIPS & TOURS - SCENIC EXCURSIONS

We are pleased to offer the following trips and tours with Scenic Excursions. Plan a fun outing with family or friends and leave all the arrangements to us! Just show up ready for adventure and enjoy the day! You will receive confirmation of your trip directly from Scenic Excursions.

**All trips will leave from the Eastern Hills Mall (EH), 4545 Transit Road, Williamsville, 14221 - Park in rear of the mall near the food court entrance, halfway back in the lot unless designated otherwise.**

**\*THERE IS NO ONLINE REGISTRATION AVAILABLE FOR TOURS\***  
Please note the trip you are registering for and meal selection on the "course selection" portion of the registration form.  
Payment is by check only.



## TRIPS & TOURS - SCENIC EXCURSIONS

### St. Patrick's Day Blarney Book Early - This is a Sell-Out! Cost \$65

Tuesday, March 11, 2025 or Wednesday, March 12, 2025

It's a Scenic Excursions exclusive event! We're ALL Irish during the St. Patrick's Day holiday time of year! Dress in green and head to **SEAN PATRICK'S IRISH RESTAURANT** for a delicious **SIT-DOWN LUNCHEON**. Following lunch, enjoy an afternoon show starring **THE BLARNEY BUNCH BAND**. Whether you're Irish all year or just for a day, this musical celebration is sure to bring out your green! For nearly thirty years, The Blarney Bunch has been entertaining throughout Western New York. Specializing in traditional Irish music and throwing in some rock and country just to mix it up. With their love and ability to play all types of music - this day is sure to show everyone of all ages a great time. **TRANSPORTATION IS ON YOUR OWN**. Arrive & doors open at 11:30 AM for seating at Sean Patrick's Restaurant, 3480 Millersport Hwy., Getzville NY 14068

#### CHOOSE ONE ENTRÉE WHEN REGISTERING:

#1-Corned beef with cabbage

#2-Chicken piccata (light lemon wine sauce)

#3-Baked haddock

**LUNCH:** 12:00 NOON **SHOW:** 1:30-3:00 PM **DEPART:** 3:00 PM

### "The Carole King Songbook - Tapestry" at Turning Stone Casino

Thursday, April 24, 2025

Cost \$169

Join us for a fun-filled day at the **TURNING STONE CASINO RESORT** for a great show and gaming experience. Have the time of your life with table games, slots, poker & more. This tour package includes a matinee show in the Turning Stone Casino Resort's Showroom, "**TAPESTRY – THE CAROLE KING SONGBOOK**." This show captures the essence and vibe of a 1970s Carole King concert, paying homage to her iconic album, Tapestry. Immerse yourself in the timeless music of this Grammy-winning masterpiece. The show will bring to life many beloved songs from the Broadway musical smash, "Beautiful" and includes her top hits such as "I Feel the Earth Move," "It's Going to Take Some Time," "One Fine Day," and "You've Got a Friend" to name a few. Carole King's Tapestry is one of the best-selling and most celebrated albums of all time. This show recreates the era of iconic recordings of Carole King's extraordinary career. With captivating anecdotes about her career, this show promises to be a fun and interactive experience for all. **EACH PASSENGER RECEIVES MATINEE SHOW TICKET, \$25 FREE PLAY AND \$5 FOOD CREDIT**. You must provide your date of birth when booking along with your Turning Stone Casino Resort players card number (if you have one). **Depart:** EH: 7:30 AM **Return:** EH: 8:00 PM

### Corning Museum of Glass

Wednesday, May 14, 2025

Cost \$179

We will travel the scenic route to **CORNING, NY**. We will be greeted upon arrival at the **CORNING MUSEUM OF GLASS**. Enjoy a **SELF-GUIDED TOUR** of the Museum. See the **HOT GLASS SHOW** and enjoy the museum at your leisure. **LUNCH** is included at the **CORNING MUSEUM OF GLASS WITH VOUCHER**. This voucher will pay for your entire lunch, and perhaps you will have a bit left over to purchase a souvenir (or snack) to bring home. This afternoon, you will have a **FUN WITH GLASS ACTIVITY** included in your Corning Experience. **MAKE YOUR OWN UNIQUE SUNCATCHER**. You'll start by creating a design using colored frit (small chunks of glass), thin glass strings, and larger glass pieces. Museum staff will provide glass in a variety of colors and shapes for you to arrange in your design. You'll secure your design in place, and Corning professionals will heat the piece in the kiln oven overnight. The glass fuses together to create a single piece of glass. Pieces must cool overnight and will be shipped to us. There will be a meeting time to pick up your masterpiece. **Depart:** EH: 7:30 AM **Return:** EH: 7:30 PM

### Tara, A Country Inn

Wednesday, May 21, 2025

Cost \$165

Join us for a delightful one-day spring getaway as we journey to **HERMITAGE AND CLARK, PA**, filled with sweet treats, historic charm, and festive fun! Our first stop will be **DAFFIN'S CANDIES**, renowned for its delicious selection of homemade chocolates. Browse through their wide variety of individually wrapped hard candies, unique gifts, and cards—a perfect stop to satisfy any sweet tooth. Next, step back in time with a **GUIDED TOUR OF TARA - A COUNTRY INN**. This stunning Greek Revival mansion themed after *Gone With the Wind*, offers a glimpse into Southern hospitality and the grandeur of days gone by. Originally a modest farmhouse built in 1854, it was transformed into the stately Tara you'll see today. Perched high on a hill overlooking what was once Clarksville, Ohio, this beautiful antebellum home is sure to leave you with unforgettable memories. Our visit to Tara will include a delicious **FAMILY-STYLE LUNCH AT TARA**, where you'll dine in true Southern elegance. Our journey continues to **KRAYNAK'S CHRISTMAS LAND**, a magical wonderland with over 85 uniquely themed Christmas trees, each beautifully decorated to capture the spirit of the season. Although it's not the holiday season, Kraynak's is a must-see year-round! Browse their extensive selection of festive décor from around the world and take home a bit of Christmas magic. We'll wrap up our day with a visit to **THE CHEESE HOUSE**. While famous for its variety of cheeses, this shop also boasts specialty foods, Amish jams and jellies, Pennsylvania maple syrup, and over 13,000 square feet of unique gifts and treats under one roof. Rest stop both ways.

**Depart:** EH: 7:00 AM

**Return:** EH: 8:30 PM

### Cruisin on Seneca Lake

Tuesday, June 10, 2025

Cost \$185

Head to **HAMMONDSPORT**—America's Coolest small town! Enjoy a fantastic **SIT-DOWN LUNCHEON AT SENECA HARBOR STATION** highlighting their Pierside Platter. Following lunch, board **CAPTAIN BILL'S** for a 50-minute **SIGHTSEEING CRUISE**. Discover the beauty and charm of Seneca Lake as it can only be seen from the water. You will be captivated by Hector Falls at 165 ft., the majestic cliffs of the east shore with Native American paintings, and a view of the salt industry. The sights and sounds of this ageless body of water invite you aboard our one-hour cruise, a tradition of Captain Bill's since 1908. This afternoon, we will visit **SAUDERS MENNONITE STORE** located in Seneca Falls. Welcome to Sauders! Enjoy a visit to this unique Country Store in Seneca Falls. Mr. Sauder started it all in the front room of his house, and today, more than 40 years later, you will not be disappointed. We welcome you to come & discover our farm fresh produce, fresh & smoked meats, Dutch Country Bakery, Swiss Deli & Cheese Shoppe, & Country Cookin Café where you may wish to buy a snack for the travels home.

#### CHOOSE ONE ENTRÉE:

#1 - Sirloin steak

#2 - Shrimp pasta

#3 - Marinated chicken breast

#4 - St. Louis ribs

#5 - Grilled applejack salad with chicken

**Depart:** EH: 9:00 AM

**Return:** EH: 7:00 PM



**WILSON CENTRAL SCHOOL DISTRICT  
COMMUNITY EDUCATION REGISTRATION FORM**

PLEASE PRINT

NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

CITY: \_\_\_\_\_ STATE: \_\_\_\_\_ ZIP: \_\_\_\_\_

CELL PHONE: \_\_\_\_\_ HOME PHONE: \_\_\_\_\_

EMAIL: \_\_\_\_\_

COURSES:	_____	COST:	_____
	_____	COST:	_____
	_____	COST:	_____
	_____	COST:	_____
	_____	COST:	_____

Total Due \_\_\_\_\_ Check here if you are a District senior citizen. \_\_\_\_\_ You are eligible for a \$5 discount if you are 55 years or older and provide proof of age. **NOTE: NOT VALID ON SCENIC EXCURSIONS TRIPS.**

Please add lunch selection and check departure option below if taking a Scenic Excursions Tour: Lunch choice # \_\_\_\_\_  
EH: Eastern Hills Mall - 4545 Transit Road, Williamsville, NY 14221 (Park in rear of the mall near food court entrance - halfway back in lot)

**Please make your check or money order payable to: Wilson Central School (please put Community Education in Memo/For Section).**

*Please provide all contact information as it is used for class changes and to keep you informed of other important information.*

I have read and will abide by the policies of the Wilson Central School District Community Education Program and Scenic Excursions Terms and Conditions. I fully understand the policies, procedures and details outlined above. I also acknowledge that I am 18 years old or more.

Signature \_\_\_\_\_ Date \_\_\_\_\_

**PARTICIPANT LIABILITY WAIVER AND HOLD HARMLESS AGREEMENT**

Please read this form carefully and be aware that by registering for and participating in this program or by registering for participation in this program, you will be waiving your rights to all claims for injuries you might sustain arising out of this program and you will be required to indemnify, hold harmless, and defend Wilson Central Schools for any claims arising out of participation in said program(s).

I hereby state that I do not have any ailments or physical conditions that could prevent me from participating in physical activity or a class.

**Risk of Injury** - "As a participant in the program, I recognize and acknowledge that there are certain risks of physical injury, and I agree to assume the full risk of injuries, including death, damages, or loss which I may sustain as a result of participating in any and all activities associated with this program."

**Waiver of Injury Claims** - "I agree to waive and relinquish any and all claims I may have arising out of, connected with, or in any way associated with the activities of the program."

**Release from Liability** - "I do hereby fully release and discharge the Wilson Central School District and its officers, agents, and employees from any and all claims from injuries, including death, damage, or loss which I may have or which may occur on account of participation in the program."

**Indemnity and Defense** - "I further agree to indemnify, hold harmless and defend Wilson Central School District and its officers, agents, and employees from any and all claims from injuries, including death, damages, and losses sustained by me and arising out of, connected with, or in any way associated with the activities of the program."

Printed Name of Participant \_\_\_\_\_

Signature \_\_\_\_\_ Date \_\_\_\_\_

**Mail this form along with a check or money order and completed registration form to: Wilson Central School District Community Education, P.O. Box 648, 374 Lake Street, Wilson, NY 14172.**



Wilson Central School District  
P.O. Box 648 • 374 Lake Street  
Wilson, New York 14172

Timothy P. Carter, Superintendent  
Carolyn Oliveri, Business Administrator  
Jeffrey Roth, Athletic Director  
Amanda Townsend, Director of Special Education  
and Student Services  
Todd Harmon, Director of Facilities  
Paul Galgovich, High School Principal  
Scott Benton, Middle School Principal  
Jason Wilkie, Elementary School Principal  
Susan Bell, Food Service Director

Board of Education:  
Christopher Carlin, President  
Kathleen Stewart, Vice President  
Bethzaida Hart  
Timothy Kropp  
R.J. Seager  
Nathan Wass  
Jason Woolson

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